

# Where are you in your life right now?



## LIFE GOALS

### Wheel of Life

It is important to take the time to reflect, we often rush through life knowing that areas of our world are out of sync or that some areas need work but we are too busy pushing forward towards our goals to take stock.

Now is the time to check in and reflect on where you are right now and what areas you feel you would like to focus on improving.



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# Where are you in your life right now?



## What 3 areas are you most happy with right now?

- 1.
- 2.
- 3.

## What 3 areas are you most unhappy with right now?

- 1.
- 2.
- 3.

## What could you do to change the score of those to something you are happier with?

- 1.
- 2.
- 3.

## What areas are you willing to commit to taking action in and what are they?

- 1.

**Action:**

- 2.

**Action:**

- 3.

**Action:**